

NEBRASKA RED BEANS & RICE

2 16 oz cans red beans, drained & rinsed	1 t paprika
2 16 oz cans chopped tomatoes (can use Cajun style)	1 onion chopped
1 clove garlic, mashed	1 16 oz can tomato paste
½ stalk celery, chopped (use leaves, too)	1 bay leaf
2 t thyme	1 T vinegar
4 t cumin	Hot pepper sauce to taste
	Brown rice (cooked)

Spray 3 quart saucepan with non-stick spray. Brown onion, garlic, green pepper and celery until soft, five to seven minutes. Add remaining ingredients. Simmer from 30 minutes to one hour.

Remove bay leaf, serve over hot brown rice.