

MIX-N-MASH BEAN DIP

2 cans (15 oz ea) pinto beans, drained & rinsed	1 ea green & red pepper, chopped
1 lb ground beef	1 tomato, chopped
1 med onion, chopped	1 avocado, sliced
1 pkg taco seasoning	1 c salsa
½ c water	1 pint sour cream
milk	1 lb grated Cheddar cheese
salt & garlic salt	1 can black olive slices, drained

Brown ground beef with onion. Drain and add one package taco seasoning mix and water, simmer 15 minutes. Place in bottom of oblong pan. Mash pinto beans with enough milk to make spreadable. Add salt and garlic, salt to taste. Spread over beef. Top beans with green & red pepper, tomatoes, slices of avocado and salsa. Spread sour cream over top of vegetables. Sprinkle cheese and black olives over top.